

Change

Who moved my cheese – four mice live in a maze and love cheese, but one day someone has moved the cheese in the maze – so **two** of the mice enthusiastically head out to find where it's been moved to, and two sit back to complain and be upset about it. They waste their time and energy hoping the old cheese will return – which doesn't get them any closer. **Finally** one of the complainers decides to go look – and eventually he does find the cheese **and** the first two mice - who had been there **well** before him because they enthusiastically embraced the change from the beginning.

It could be a good job, loving relationship, money or health. The very core message of the book is this: things constantly change so we must adapt. The quicker we adapt a change the more satisfied will be with.

LESSON 1: Change Happens

Accept that **change is inevitable – it will happen whether you want it to or not.**

LESSON 2: Anticipate Change

Expect things to change so you are not surprised- When you are not surprised, you are better prepared.

LESSON 3: Monitor Change

Keep up with the latest news/updates so you can anticipate what changes may occur.

LESSON 4: Adapt To Change Quickly

The quicker you let go of the old, the sooner you can enjoy new.

LESSON 5: Change

Move with the change. Brainstorm ways you can adapt to move with the change instead of against it.

LESSON 6: Enjoy Change

Enjoy the 'new' – a positive approach makes all the difference.

So looking at this concept for us, its so applicable because our industry is always changing – from the systems and technology to the rules and customs and we need to continue to be adaptable and positive about those changes.

This is a challenge for me sometimes because I'm a perfectionist and right as I've perfected a system or idea, there will be some 'improvement' that comes along that makes me change course – but realizing that it's for the better and will *always* happen has truly helped.

So as things are continuing to change for us in our industry, our company, and just generally in our world, I want to encourage all of you to embrace it, headfirst. Imagine how much time we could save if we just head off enthusiastically toward the new cheese instead of spending our time grumbling that we're mad they moved it.

Socrates said "The secret to change is to focus all of your energy, not on fighting the old, but on building the new."

Einstein said, "The measure of intelligence is the ability to change."

And lastly, George Bernard Shaw said, "Progress is impossible without change, and those who cannot change their minds cannot change anything."

So, that's what I have for you today, and I hope you can take it into making a beautiful, productive, happy week.